## **SIGNS OF STROKE**

## "BEFAST"

- **B** Balance: Is there a sudden loss of balance?
- **E** Eyes: Is there vision loss in one or both eyes?
- **F** Facial Drooping: Smile. Is one side of the face drooping?
- A Arm Raises: Raise both arms parallel to floor: one or both will immediately drop
- **S** Speech Impaired: When talking, the person difficult to understand?
- **T-** Time to call 911: Check the Time the symptoms started to report to EMTs or Doctors

<sup>\*</sup>Sudden confusion, numbness on one side of the body, trouble seeing, loss of balance and severe headaches may also be signs of stroke.